



Type 6 Defense Form



Defense	Times Used
Ambivalence	
Anxiety	
Catastrophizing	
Contrarian Thinking	
Defensiveness	
Fear of Rejection	
Hyper- Vigilance	
Indecisiveness	
Insecurity	
Mistrust	
Over-Control	
Over-reliance on Authority	
Overthinking	
Pessimism	
Procrastination	
Projection	
Reassurance-seeking	
Self-Doubt	
Suspicion	
Worry	



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