

## **Type 4 Defense Form**



Defense	Times Used
Avoidance	
Comparisons	
Denial	
Dramatization	
Emotional Intensity	
Emotional Reactivity	
Envy	
Fantasy	
Fear of Rejection	
Idealism	
Impracticality	
Introspection	
Isolation	
Looking for what's Missing	
Melancholy	
Moodiness	
Projection	
Romanticizing	
Self-Absorption	
Self-Pity	
Withdrawal	



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