

Everyone in this type

Type	8
Traditional Title	Challenger
True Self Title	Lion-hearted Protector
The Lie	I must be in control
Striving:	feel powerful
Avoid?	Indirectness, waiting, being controlled
Passion/Virtue	Lust/Innocence
Where on continuum?	
Fixation/Holy Idea	Vengeance/Holy Truth
Where on continuum?	
Basic Fear/Basic Desire	
Being controlled by others	to protect self
Triads (Centers)	Body (Gut)/Heart/ Head
Main Underlying Emotion	Fear/Shame/Anger
Live in Time?	Past/Future/Present

- Healthy?
- 1
 - 2
 - 3
 - 4
 - 5
 - 6
 - 7
 - 8
 - 9



A Picture of YOU



WRITE YOUR MANTRA BELOW:

Unique to you

Pick yours

Instincts	Self Preservation	Social	Sexual (1:1)
	Withdrawing	Connecting	Approaching

Harmonic Groups	Positive Outlook	Competency	Reactive
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Strong Wing	1 2 3 4 5	6 7 8 9
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Weak Wing	1 2 3 4 5	6 7 8 9
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Back Arrow	1 2 3 4 5	6 7 8 9
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Forward Arrow	1 2 3 4 5	6 7 8 9
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