

**Everyone in this type**

Type	7
Traditional Title	Adventurer
True Self Title	Joyful Visionary
The Lie	Carpe Diem, more & more
Striving:	feel satisfied
Avoid?	Negative emotions, rules, no options
Passion/Virtue	Gluttony/Sobriety
Where on continuum?	
Fixation/Holy Idea	Planning/Holy Plan
Where on continuum?	
Basic Fear/Basic Desire	
Trapped in pain	To be satisfied
Triads (Centers)	Body (Gut)/Heart/ Head
Main Underlying Emotion	Fear/Shame/Anger
Live in Time?	Past/Future/Present

**Healthy?**

**A Picture of YOU**

**WRITE YOUR MANTRA BELOW:**

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\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Unique to you**

**Pick yours**

Instincts	Self Preservation	Social	Sexual (1:1)
	Withdrawing	Connecting	Approaching
Harmonic Groups	Positive Outlook	Competency	Reactive
Strong Wing	1 2 3 4 5	6 7 8 9	
Weak Wing	1 2 3 4 5	6 7 8 9	
Back Arrow	1 2 3 4 5	6 7 8 9	
Forward Arrow	1 2 3 4 5	6 7 8 9	